



# 30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

## Detailed evaluation

Holland-Cunz, Florian

Total time: 2:55:01

Club: PSV Meiningen

Number: 4

Course: 55.50 km

Rank in course/Total: 55 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Men: 45 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 4(of 4)

TM 25-29

Best time in the category: 2:12:20

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	31:50	21:13	4	7:51	34	10:07	1.50	31:50	21:13	4	7:51	34	10:07
Wechsel S -> R	0.05	1:31	30:19	4	0:41	37	0:58	1.55	33:21	21:30	4	8:32	35	10:58
Schwimmen Total	1.55	33:21	21:30	4	8:32	35	10:58	1.55	33:21	21:30	4	8:32	35	10:58
Rad netto	44.00	1:32:26	2:06	4	23:22	46	23:22	45.55	2:05:47	2:45	4	31:54	47	31:54
Wechsel R -> L	0.05	1:19	26:19	4	0:31	39	0:45	45.60	2:07:06	2:47	4	32:25	47	32:38
Rad Total	44.05	1:33:45	2:07	4	23:53	46	23:53	45.60	2:07:06	2:47	4	32:25	47	32:38
Lauf	9.90	47:55	4:50	4	11:22	39	11:41	55.50	2:55:01	3:09	4	42:41	45	42:41