



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Sachs, Barbara

Total time: 3:03:12

Club: Dream Team Ilmenau

Number: 50

Course: 55.50 km

Rank in course/Total: 59 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Women: 12 (of 16)

Best time in course: 2:35:33

Category:

Rank in category: 1(of 1)

TW 55-59, Seniorinnen 4

Best time in the category: 3:03:12

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.50	35:59	23:59	1	-	12	11:04	1.50	35:59	23:59	1	-	12	11:04
Wechsel S -> R	0.05	1:46	35:19	1	-	13	0:57	1.55	37:45	24:21	1	-	12	11:52
Schwimmen Total	1.55	37:45	24:21	1	-	12	11:52	1.55	37:45	24:21	1	-	12	11:52
Rad netto	44.00	1:31:33	2:04	1	-	10	12:21	45.55	2:09:18	2:50	1	-	12	21:15
Wechsel R -> L	0.05	1:58	39:19	1	-	16	1:18	45.60	2:11:16	2:52	1	-	12	21:51
Rad Total	44.05	1:33:31	2:07	1	-	11	12:57	45.60	2:11:16	2:52	1	-	12	21:51
Lauf	9.90	51:56	5:14	1	-	12	9:40	55.50	3:03:12	3:18	1	-	12	27:39