



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Hempel, Matthias

Total time: 3:13:17

Club: Triathlon-Club-Suhl

Number: 20

Course: 55.50 km

Rank in course/Total: 63 (of 67)

Olympische Distanz 1,5-44-10.00

Rank in course/Men: 48 (of 51)

Best time in course: 2:12:20

Category:

Rank in category: 7(of 7)

TM 40-44, Senioren 1

Best time in the category: 2:25:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	32:30	21:40	5	5:08	37	10:47	1.50	32:30	21:40	5	5:08	37	10:47
Wechsel S -> R	0.05	2:04	41:20	7	0:58	46	1:31	1.55	34:34	22:18	6	5:41	39	12:11
Schwimmen Total	1.55	34:34	22:18	6	5:41	39	12:11	1.55	34:34	22:18	6	5:41	39	12:11
Rad netto	44.00	1:38:46	2:14	7	27:41	49	29:42	45.55	2:13:20	2:55	7	32:49	48	39:27
Wechsel R -> L	0.05	1:24	27:59	7	0:31	44	0:50	45.60	2:14:44	2:57	7	33:20	48	40:16
Rad Total	44.05	1:40:10	2:16	7	28:12	49	30:18	45.60	2:14:44	2:57	7	33:20	48	40:16
Lauf	9.90	58:33	5:54	7	15:42	50	22:19	55.50	3:13:17	3:28	7	48:16	48	1:00:57