



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Keep Alive

Club: Keep Alive

Number: 146

Course: 55.50 km

Staffel Olympische Distanz 1,5-44-10.00

Category:

Olympische Distanz-Staffel-Männer

Total time: 2:55:27

Rank in course/Total: 6 (of 6)

Rank in course/Men: 4 (of 4)

Best time in course: 2:18:28

Rank in category: 4(of 4)

Best time in the category: 2:18:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	28:25	18:56	1	-	1	-	1.50	28:25	18:56	1	-	1	-
Wechsel S -> R	0.05	0:41	13:39	4	0:14	4	0:14	1.55	29:06	18:46	2	0:04	2	0:04
Schwimmen Total	1.55	29:06	18:46	2	0:04	2	0:04	1.55	29:06	18:46	2	0:04	2	0:04
Rad netto	44.00	1:38:32	2:14	4	29:58	4	29:58	45.55	2:07:38	2:48	4	30:02	4	30:02
Wechsel R -> L	0.05	0:44	14:39	4	0:18	4	0:18	45.60	2:08:22	2:48	4	30:20	4	30:20
Rad Total	44.05	1:39:16	2:15	4	30:16	4	30:16	45.60	2:08:22	2:48	4	30:20	4	30:20
Lauf	9.90	47:05	4:45	4	9:28	4	9:28	55.50	2:55:27	3:09	4	36:59	4	36:59