



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Landsiedel, Chris

Total time: 1:13:09

Club: TuS Griesheim

Number: 1002

Course: 27.45 km

Rank in course/Total: 13 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 13 (of 73)

Best time in course: 57:57

Category:

Rank in category: 4(of 12)

Männer 20-29 Jahre

Best time in the category: 1:03:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.45	8:43	19:22	3	0:42	8	2:44	0.45	8:43	19:22	3	0:42	8	2:44	
Wechsel S -> R	0.05	1:40	33:20	9	0:59	41	1:07	0.50	10:23	20:45	3	1:39	12	3:51	
Schwimmen Total	0.50	10:23	20:45	3	1:39	12	3:51	0.50	10:23	20:45	3	1:39	12	3:51	
Rad netto	22.00	41:49	1:54	5	6:11	30	8:16	22.50	52:12	2:19	5	7:50	24	12:07	
Wechsel R -> L	0.05	0:58	19:19	9	0:27	37	0:29	22.55	53:10	2:21	5	8:08	24	12:36	
Rad Total	22.05	42:47	1:56	6	6:29	31	8:45	22.55	53:10	2:21	5	8:08	24	12:36	
Lauf	4.90	19:59	4:04	2	1:07	9	2:36	27.45	1:13:09	2:39	4	9:15	13	15:12	