



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Silge, Martin

Total time: 1:13:23

Club: Ilmenau

Number: 1007

Course: 27.45 km

Rank in course/Total: 15 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 14 (of 73)

Best time in course: 57:57

Category:

Rank in category: 5(of 12)

Männer 20-29 Jahre

Best time in the category: 1:03:54

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.45 | 10:41 | 23:44 | 8 | 2:40 | 33 | 4:42 | 0.45 | 10:41 | 23:44 | 8 | 2:40 | 33 | 4:42 |
| Wechsel S -> R | 0.05 | 1:22 | 27:19 | 5 | 0:41 | 26 | 0:49 | 0.50 | 12:03 | 24:06 | 7 | 3:19 | 31 | 5:31 |
| Schwimmen Total | 0.50 | 12:03 | 24:06 | 7 | 3:19 | 31 | 5:31 | 0.50 | 12:03 | 24:06 | 7 | 3:19 | 31 | 5:31 |
| Rad netto | 22.00 | 39:50 | 1:48 | 4 | 4:12 | 15 | 6:17 | 22.50 | 51:53 | 2:18 | 4 | 7:31 | 17 | 11:48 |
| Wechsel R -> L | 0.05 | 0:31 | 10:20 | 1 | - | 2 | 0:02 | 22.55 | 52:24 | 2:19 | 4 | 7:22 | 16 | 11:50 |
| Rad Total | 22.05 | 40:21 | 1:49 | 4 | 4:03 | 13 | 6:19 | 22.55 | 52:24 | 2:19 | 4 | 7:22 | 16 | 11:50 |
| Lauf | 4.90 | 20:59 | 4:16 | 5 | 2:07 | 19 | 3:36 | 27.45 | 1:13:23 | 2:40 | 5 | 9:29 | 14 | 15:26 |