



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Tomaselli, Uwe

Total time: 1:13:55

Club: MT Melsungen

Number: 1040

Course: 27.45 km

Rank in course/Total: 20 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 20 (of 73)

Best time in course: 57:57

Category:

Rank in category: 2(of 13)

Männer 50-59 Jahre

Best time in the category: 1:12:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.45	10:15	22:46	5	1:57	27	4:16	0.45	10:15	22:46	5	1:57	27	4:16
Wechsel S -> R	0.05	1:31	30:19	5	0:28	32	0:58	0.50	11:46	23:32	4	2:16	23	5:14
Schwimmen Total	0.50	11:46	23:32	4	2:16	23	5:14	0.50	11:46	23:32	4	2:16	23	5:14
Rad netto	22.00	40:07	1:49	2	0:28	17	6:34	22.50	51:53	2:18	3	0:53	17	11:48
Wechsel R -> L	0.05	1:03	21:00	6	0:25	43	0:34	22.55	52:56	2:20	3	0:52	20	12:22
Rad Total	22.05	41:10	1:52	2	0:21	17	7:08	22.55	52:56	2:20	3	0:52	20	12:22
Lauf	4.90	20:59	4:16	3	0:26	19	3:36	27.45	1:13:55	2:41	2	1:18	20	15:58