



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Forman, Clemens

Total time: 1:13:47

Club: Freiberg

Number: 1003

Course: 27.45 km

Rank in course/Total: 18 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 18 (of 73)

Best time in course: 57:57

Category:

Rank in category: 6(of 12)

Männer 20-29 Jahre

Best time in the category: 1:03:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.45	9:36	21:19	4	1:35	17	3:37	0.45	9:36	21:19	4	1:35	17	3:37
Wechsel S -> R	0.05	1:17	25:40	3	0:36	21	0:44	0.50	10:53	21:45	4	2:09	17	4:21
Schwimmen Total	0.50	10:53	21:45	4	2:09	17	4:21	0.50	10:53	21:45	4	2:09	17	4:21
Rad netto	22.00	41:57	1:54	6	6:19	31	8:24	22.50	52:50	2:20	6	8:28	27	12:45
Wechsel R -> L	0.05	0:50	16:40	6	0:19	26	0:21	22.55	53:40	2:22	6	8:38	27	13:06
Rad Total	22.05	42:47	1:56	7	6:29	30	8:45	22.55	53:40	2:22	6	8:38	27	13:06
Lauf	4.90	20:07	4:06	3	1:15	10	2:44	27.45	1:13:47	2:41	6	9:53	18	15:50