



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Schudera, Matthias

Total time: 1:14:42

Club: SSV Bad Salzungen

Number: 1109

Course: 27.45 km

Rank in course/Total: 22 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 21 (of 73)

Best time in course: 57:57

Category:

Rank in category: 3(of 13)

Männer 50-59 Jahre

Best time in the category: 1:12:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.45	9:18	20:40	2	1:00	13	3:19	0.45	9:18	20:40	2	1:00	13	3:19	
Wechsel S -> R	0.05	1:14	24:40	3	0:11	19	0:41	0.50	10:32	21:03	2	1:02	14	4:00	
Schwimmen Total	0.50	10:32	21:03	2	1:02	14	4:00	0.50	10:32	21:03	2	1:02	14	4:00	
Rad netto	22.00	41:28	1:53	3	1:49	26	7:55	22.50	52:00	2:18	4	1:00	21	11:55	
Wechsel R -> L	0.05	0:58	19:19	5	0:20	37	0:29	22.55	52:58	2:20	4	0:54	21	12:24	
Rad Total	22.05	42:26	1:55	3	1:37	27	8:24	22.55	52:58	2:20	4	0:54	21	12:24	
Lauf	4.90	21:44	4:26	6	1:11	31	4:21	27.45	1:14:42	2:43	3	2:05	21	16:45	