



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Walther, Lydia

Total time: 1:15:22

Club: RLVI LG Süd

Number: 1087

Course: 27.45 km

Rank in course/Total: 25 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Women: 2 (of 15)

Best time in course: 1:14:33

Category:

Rank in category: 1(of 6)

Frauen 30-39 Jahre

Best time in the category: 1:15:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.45	11:10	24:48	2	0:38	5	2:08	0.45	11:10	24:48	2	0:38	5	2:08
Wechsel S -> R	0.05	0:54	18:00	1	-	1	-	0.50	12:04	24:07	1	-	3	1:28
Schwimmen Total	0.50	12:04	24:07	1	-	3	1:28	0.50	12:04	24:07	1	-	3	1:28
Rad netto	22.00	42:54	1:57	1	-	1	-	22.50	54:58	2:26	1	-	2	1:13
Wechsel R -> L	0.05	0:40	13:19	1	-	4	0:09	22.55	55:38	2:28	1	-	3	1:19
Rad Total	22.05	43:34	1:58	1	-	1	-	22.55	55:38	2:28	1	-	3	1:19
Lauf	4.90	19:44	4:01	1	-	1	-	27.45	1:15:22	2:44	1	-	2	0:49