



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Galle, Andreas

Total time: 1:17:11

Club: TRIATHLONFREAKS

Number: 1029

Course: 27.45 km

Rank in course/Total: 34 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 31 (of 73)

Best time in course: 57:57

Category:

Rank in category: 9(of 26)

Männer 40-49 Jahre

Best time in the category: 1:07:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.45	11:19	25:08	14	3:15	46	5:20	0.45	11:19	25:08	14	3:15	46	5:20
Wechsel S -> R	0.05	1:46	35:19	16	0:53	45	1:13	0.50	13:05	26:10	14	4:06	45	6:33
Schwimmen Total	0.50	13:05	26:10	14	4:06	45	6:33	0.50	13:05	26:10	14	4:06	45	6:33
Rad netto	22.00	40:39	1:50	8	2:46	22	7:06	22.50	53:44	2:23	10	5:33	30	13:39
Wechsel R -> L	0.05	1:06	22:00	14	0:28	48	0:37	22.55	54:50	2:25	10	5:57	30	14:16
Rad Total	22.05	41:45	1:53	8	2:53	22	7:43	22.55	54:50	2:25	10	5:57	30	14:16
Lauf	4.90	22:21	4:33	9	3:33	36	4:58	27.45	1:17:11	2:48	9	9:20	31	19:14