



# 30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

## Detailed evaluation

**Tegl, Michael**

**Total time: 1:17:49**

Club: LT Haunetal

Number: 1038

Course: 27.45 km

Rank in course/Total: 37 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 34 (of 73)

Best time in course: 57:57

Category:

Rank in category: 5(of 13)

Männer 50-59 Jahre

Best time in the category: 1:12:37

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.45	9:43	21:35	3	1:25	20	3:44	0.45	9:43	21:35	3	1:25	20	3:44
Wechsel S -> R	0.05	2:42	54:00	11	1:39	68	2:09	0.50	12:25	24:49	7	2:55	37	5:53
Schwimmen Total	0.50	12:25	24:49	7	2:55	37	5:53	0.50	12:25	24:49	7	2:55	37	5:53
Rad netto	22.00	43:10	1:57	7	3:31	45	9:37	22.50	55:35	2:28	6	4:35	41	15:30
Wechsel R -> L	0.05	0:42	13:59	3	0:04	13	0:13	22.55	56:17	2:29	6	4:13	40	15:43
Rad Total	22.05	43:52	1:59	6	3:03	41	9:50	22.55	56:17	2:29	6	4:13	40	15:43
Lauf	4.90	21:32	4:23	4	0:59	26	4:09	27.45	1:17:49	2:50	5	5:12	34	19:52