



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Brand, Thomas

Total time: 1:18:45

Club: Triathlon Freaks

Number: 1041

Course: 27.45 km

Rank in course/Total: 41 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 38 (of 73)

Best time in course: 57:57

Category:

Rank in category: 7(of 13)

Männer 50-59 Jahre

Best time in the category: 1:12:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.45	10:05	22:24	4	1:47	26	4:06	0.45	10:05	22:24	4	1:47	26	4:06	
Wechsel S -> R	0.05	1:38	32:39	7	0:35	38	1:05	0.50	11:43	23:26	3	2:13	22	5:11	
Schwimmen Total	0.50	11:43	23:26	3	2:13	22	5:11	0.50	11:43	23:26	3	2:13	22	5:11	
Rad netto	22.00	42:28	1:55	5	2:49	36	8:55	22.50	54:11	2:24	5	3:11	32	14:06	
Wechsel R -> L	0.05	0:56	18:39	4	0:18	34	0:27	22.55	55:07	2:26	5	3:03	34	14:33	
Rad Total	22.05	43:24	1:58	5	2:35	37	9:22	22.55	55:07	2:26	5	3:03	34	14:33	
Lauf	4.90	23:38	4:49	10	3:05	53	6:15	27.45	1:18:45	2:52	7	6:08	38	20:48	