



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Meywirth, Mike

Total time: 1:18:38

Club: Sontra

Number: 1021

Course: 27.45 km

Rank in course/Total: 40 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 37 (of 73)

Best time in course: 57:57

Category:

Rank in category: 11(of 26)

Männer 40-49 Jahre

Best time in the category: 1:07:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.45	12:36	28:00	20	4:32	58	6:37	0.45	12:36	28:00	20	4:32	58	6:37
Wechsel S -> R	0.05	1:24	27:59	13	0:31	29	0:51	0.50	14:00	28:00	18	5:01	53	7:28
Schwimmen Total	0.50	14:00	28:00	18	5:01	53	7:28	0.50	14:00	28:00	18	5:01	53	7:28
Rad netto	22.00	40:26	1:50	6	2:33	20	6:53	22.50	54:26	2:25	13	6:15	36	14:21
Wechsel R -> L	0.05	1:38	32:39	25	1:00	69	1:09	22.55	56:04	2:29	14	7:11	39	15:30
Rad Total	22.05	42:04	1:54	9	3:12	25	8:02	22.55	56:04	2:29	14	7:11	39	15:30
Lauf	4.90	22:34	4:36	11	3:46	40	5:11	27.45	1:18:38	2:51	11	10:47	37	20:41