



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Rauer, Emanuel

Total time: 1:18:57

Club: Ilmenau

Number: 1008

Course: 27.45 km

Rank in course/Total: 42 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 39 (of 73)

Best time in course: 57:57

Category:

Rank in category: 8(of 12)

Männer 20-29 Jahre

Best time in the category: 1:03:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.45	10:53	24:11	9	2:52	39	4:54	0.45	10:53	24:11	9	2:52	39	4:54
Wechsel S -> R	0.05	1:51	37:00	10	1:10	49	1:18	0.50	12:44	25:27	8	4:00	40	6:12
Schwimmen Total	0.50	12:44	25:27	8	4:00	40	6:12	0.50	12:44	25:27	8	4:00	40	6:12
Rad netto	22.00	42:03	1:54	7	6:25	33	8:30	22.50	54:47	2:26	7	10:25	38	14:42
Wechsel R -> L	0.05	0:34	11:19	3	0:03	6	0:05	22.55	55:21	2:27	7	10:19	35	14:47
Rad Total	22.05	42:37	1:55	5	6:19	29	8:35	22.55	55:21	2:27	7	10:19	35	14:47
Lauf	4.90	23:36	4:48	10	4:44	51	6:13	27.45	1:18:57	2:52	8	15:03	39	21:00