



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Schöniger, Sven

Total time: 1:19:02

Club: Wartburg-Sparkasse

Number: 1102

Course: 27.45 km

Rank in course/Total: 43 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 40 (of 73)

Best time in course: 57:57

Category:

Rank in category: 12(of 26)

Männer 40-49 Jahre

Best time in the category: 1:07:51

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.45	10:32	23:24	9	2:28	30	4:33	0.45	10:32	23:24	9	2:28	30	4:33
Wechsel S -> R	0.05	1:10	23:19	8	0:17	16	0:37	0.50	11:42	23:23	8	2:43	21	5:10
Schwimmen Total	0.50	11:42	23:23	8	2:43	21	5:10	0.50	11:42	23:23	8	2:43	21	5:10
Rad netto	22.00	42:31	1:55	14	4:38	38	8:58	22.50	54:13	2:24	12	6:02	33	14:08
Wechsel R -> L	0.05	0:45	15:00	6	0:07	20	0:16	22.55	54:58	2:26	11	6:05	31	14:24
Rad Total	22.05	43:16	1:57	13	4:24	35	9:14	22.55	54:58	2:26	11	6:05	31	14:24
Lauf	4.90	24:04	4:54	16	5:16	56	6:41	27.45	1:19:02	2:52	12	11:11	40	21:05