



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Jäger, Heinz-Peter

Total time: 1:20:12

Club: Moorgrund Power

Number: 1025

Course: 27.45 km

Rank in course/Total: 45 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 42 (of 73)

Best time in course: 57:57

Category:

Rank in category: 13(of 26)

Männer 40-49 Jahre

Best time in the category: 1:07:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.45	13:34	30:08	24	5:30	67	7:35	0.45	13:34	30:08	24	5:30	67	7:35	
Wechsel S -> R	0.05	1:10	23:19	8	0:17	16	0:37	0.50	14:44	29:27	22	5:45	62	8:12	
Schwimmen Total	0.50	14:44	29:27	22	5:45	62	8:12	0.50	14:44	29:27	22	5:45	62	8:12	
Rad netto	22.00	42:00	1:54	12	4:07	32	8:27	22.50	56:44	2:31	18	8:33	48	16:39	
Wechsel R -> L	0.05	0:58	19:19	10	0:20	37	0:29	22.55	57:42	2:33	18	8:49	48	17:08	
Rad Total	22.05	42:58	1:56	12	4:06	34	8:56	22.55	57:42	2:33	18	8:49	48	17:08	
Lauf	4.90	22:30	4:35	10	3:42	39	5:07	27.45	1:20:12	2:55	13	12:21	42	22:15	