



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Hesse, Ulrich

Total time: 1:20:19

Club: TSV Rustenfelde TEA

Number: 1034

Course: 27.45 km

Rank in course/Total: 46 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 43 (of 73)

Best time in course: 57:57

Category:

Rank in category: 14(of 26)

Männer 40-49 Jahre

Best time in the category: 1:07:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.45	10:48	24:00	12	2:44	37	4:49	0.45	10:48	24:00	12	2:44	37	4:49
Wechsel S -> R	0.05	1:03	21:00	5	0:10	10	0:30	0.50	11:51	23:41	9	2:52	25	5:19
Schwimmen Total	0.50	11:51	23:41	9	2:52	25	5:19	0.50	11:51	23:41	9	2:52	25	5:19
Rad netto	22.00	40:14	1:49	5	2:21	19	6:41	22.50	52:05	2:18	7	3:54	22	12:00
Wechsel R -> L	0.05	1:02	20:40	12	0:24	42	0:33	22.55	53:07	2:21	7	4:14	22	12:33
Rad Total	22.05	41:16	1:52	6	2:24	19	7:14	22.55	53:07	2:21	7	4:14	22	12:33
Lauf	4.90	27:12	5:33	25	8:24	70	9:49	27.45	1:20:19	2:55	14	12:28	43	22:22