



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Erbe, Christian

Total time: 1:20:47

Club: Tennisverein Schwallungen

Number: 1066

Course: 27.45 km

Rank in course/Total: 50 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 47 (of 73)

Best time in course: 57:57

Category:

Rank in category: 14(of 18)

Männer 30-39 Jahre

Best time in the category: 1:05:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.45	9:21	20:46	3	0:32	14	3:22	0.45	9:21	20:46	3	0:32	14	3:22
Wechsel S -> R	0.05	2:32	50:39	18	1:39	67	1:59	0.50	11:53	23:45	5	1:59	27	5:21
Schwimmen Total	0.50	11:53	23:45	5	1:59	27	5:21	0.50	11:53	23:45	5	1:59	27	5:21
Rad netto	22.00	44:05	2:00	15	8:22	51	10:32	22.50	55:58	2:29	12	8:59	44	15:53
Wechsel R -> L	0.05	1:03	21:00	14	0:32	43	0:34	22.55	57:01	2:31	12	9:14	43	16:27
Rad Total	22.05	45:08	2:02	15	8:37	50	11:06	22.55	57:01	2:31	12	9:14	43	16:27
Lauf	4.90	23:46	4:51	17	6:20	54	6:23	27.45	1:20:47	2:56	14	15:34	47	22:50