



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Künstler, Nico

Total time: 1:21:26

Club: Bärfelser Säcke

Number: 1097

Course: 27.45 km

Rank in course/Total: 53 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 49 (of 73)

Best time in course: 57:57

Category:

Rank in category: 15(of 18)

Männer 30-39 Jahre

Best time in the category: 1:05:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.45	11:08	24:44	11	2:19	42	5:09	0.45	11:08	24:44	11	2:19	42	5:09	
Wechsel S -> R	0.05	2:10	43:19	16	1:17	60	1:37	0.50	13:18	26:36	14	3:24	50	6:46	
Schwimmen Total	0.50	13:18	26:36	14	3:24	50	6:46	0.50	13:18	26:36	14	3:24	50	6:46	
Rad netto	22.00	44:07	2:00	16	8:24	52	10:34	22.50	57:25	2:33	14	10:26	49	17:20	
Wechsel R -> L	0.05	1:10	23:19	15	0:39	50	0:41	22.55	58:35	2:35	14	10:48	49	18:01	
Rad Total	22.05	45:17	2:03	16	8:46	52	11:15	22.55	58:35	2:35	14	10:48	49	18:01	
Lauf	4.90	22:51	4:39	15	5:25	43	5:28	27.45	1:21:26	2:57	15	16:13	49	23:29	