



# 30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

## Detailed evaluation

**Hergert, Daniel**

**Total time: 1:25:26**

Club: Lustige Läufer SV Steinbach

Number: 1088

Course: 27.45 km

Rank in course/Total: 65 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 60 (of 73)

Best time in course: 57:57

Category:

Rank in category: 18(of 18)

Männer 30-39 Jahre

Best time in the category: 1:05:13

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Schwimmen nett  | 0.45        | 13:03         | 29:00           | 17          | 4:14           | 65          | 7:04          | 0.45          | 13:03         | 29:00           | 17          | 4:14           | 65         | 7:04          |
| Wechsel S -> R  | 0.05        | 2:30          | 50:00           | 17          | 1:37           | 66          | 1:57          | 0.50          | 15:33         | 31:06           | 17          | 5:39           | 67         | 9:01          |
| Schwimmen Total | 0.50        | 15:33         | 31:06           | 17          | 5:39           | 67          | 9:01          | 0.50          | 15:33         | 31:06           | 17          | 5:39           | 67         | 9:01          |
| Rad netto       | 22.00       | 48:13         | 2:11            | 18          | 12:30          | 65          | 14:40         | 22.50         | 1:03:46       | 2:50            | 18          | 16:47          | 66         | 23:41         |
| Wechsel R -> L  | 0.05        | 0:54          | 18:00           | 10          | 0:23           | 33          | 0:25          | 22.55         | 1:04:40       | 2:52            | 18          | 16:53          | 66         | 24:06         |
| Rad Total       | 22.05       | 49:07         | 2:13            | 18          | 12:36          | 65          | 15:05         | 22.55         | 1:04:40       | 2:52            | 18          | 16:53          | 66         | 24:06         |
| Lauf            | 4.90        | 20:46         | 4:14            | 5           | 3:20           | 17          | 3:23          | 27.45         | 1:25:26       | 3:06            | 18          | 20:13          | 60         | 27:29         |