



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Vogel, Karla

Total time: 1:30:10

Club: Merkers

Number: 1052

Course: 27.45 km

Rank in course/Total: 75 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Women: 10 (of 15)

Best time in course: 1:14:33

Category:

Rank in category: 1(of 1)

Jugend weiblich (16-19 Jahre)

Best time in the category: 1:30:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.45	12:05	26:51	1	-	13	3:03	0.45	12:05	26:51	1	-	13	3:03
Wechsel S -> R	0.05	3:48	75:59	1	-	15	2:54	0.50	15:53	31:45	1	-	14	5:17
Schwimmen Total	0.50	15:53	31:45	1	-	14	5:17	0.50	15:53	31:45	1	-	14	5:17
Rad netto	22.00	46:24	2:06	1	-	5	3:30	22.50	1:02:17	2:46	1	-	9	8:32
Wechsel R -> L	0.05	0:40	13:19	1	-	4	0:09	22.55	1:02:57	2:47	1	-	8	8:38
Rad Total	22.05	47:04	2:08	1	-	5	3:30	22.55	1:02:57	2:47	1	-	8	8:38
Lauf	4.90	27:13	5:33	1	-	12	7:29	27.45	1:30:10	3:17	1	-	10	15:37