



# 30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

## Detailed evaluation

Rinner, Christine

Total time: 1:32:08

Club: DLRG Wildeck

Number: 1060

Course: 27.45 km

Rank in course/Total: 77 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Women: 11 (of 15)

Best time in course: 1:14:33

Category:

Rank in category: 3(of 4)

Frauen 40-49 Jahre

Best time in the category: 1:17:07

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.45	11:33	25:40	4	1:31	11	2:31	0.45	11:33	25:40	4	1:31	11	2:31
Wechsel S -> R	0.05	1:27	28:59	2	0:01	4	0:33	0.50	13:00	26:00	3	1:24	7	2:24
Schwimmen Total	0.50	13:00	26:00	3	1:24	7	2:24	0.50	13:00	26:00	3	1:24	7	2:24
Rad netto	22.00	49:56	2:16	3	6:36	11	7:02	22.50	1:02:56	2:47	3	7:53	11	9:11
Wechsel R -> L	0.05	1:02	20:40	3	0:31	8	0:31	22.55	1:03:58	2:50	3	8:24	11	9:39
Rad Total	22.05	50:58	2:18	3	7:00	11	7:24	22.55	1:03:58	2:50	3	8:24	11	9:39
Lauf	4.90	28:10	5:44	4	6:37	15	8:26	27.45	1:32:08	3:21	3	15:01	11	17:35