



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Zamming, Klaus

Total time: 1:34:37

Club: Allendorf

Number: 1107

Course: 27.45 km

Rank in course/Total: 83 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Men: 71 (of 73)

Best time in course: 57:57

Category:

Rank in category: 2(of 2)

Männer ab 60

Best time in the category: 1:32:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.45	11:03	24:33	1	-	41	5:04	0.45	11:03	24:33	1	-	41	5:04
Wechsel S -> R	0.05	2:05	41:39	1	-	56	1:32	0.50	13:08	26:15	1	-	46	6:36
Schwimmen Total	0.50	13:08	26:15	1	-	46	6:36	0.50	13:08	26:15	1	-	46	6:36
Rad netto	22.00	58:10	2:38	2	11:44	73	24:37	22.50	1:11:18	3:10	2	10:19	71	31:13
Wechsel R -> L	0.05	1:04	21:19	2	0:18	45	0:35	22.55	1:12:22	3:12	2	10:37	71	31:48
Rad Total	22.05	59:14	2:41	2	12:02	71	25:12	22.55	1:12:22	3:12	2	10:37	71	31:48
Lauf	4.90	22:15	4:32	1	-	35	4:52	27.45	1:34:37	3:26	2	1:55	71	36:40