



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Schneider, Daniela

Total time: 1:34:43

Club: Fitnessclub Wildeck

Number: 1061

Enduro Long Men

Rank in course/Total: 84 (of 88)

Rank in course/Women: 13 (of 15)

Best time in course: 1:14:33

Category:

Rank in category: 4(of 4)

Frauen 40-49 Jahre

Best time in the category: 1:17:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
Schwimmen nett	0.45	11:32	25:37	3	1:30	10	2:30	0.45	11:32	25:37	3	1:30	10	2:30
Wechsel S -> R	0.05	1:35	31:39	4	0:09	7	0:41	0.50	13:07	26:14	4	1:31	8	2:31
Schwimmen Total	0.50	13:07	26:14	4	1:31	8	2:31	0.50	13:07	26:14	4	1:31	8	2:31
Rad netto	22.00	52:45	2:23	4	9:25	13	9:51	22.50	1:05:52	2:55	4	10:49	12	12:07
Wechsel R -> L	0.05	0:44	14:39	2	0:13	6	0:13	22.55	1:06:36	2:57	4	11:02	12	12:17
Rad Total	22.05	53:29	2:25	4	9:31	12	9:55	22.55	1:06:36	2:57	4	11:02	12	12:17
Lauf	4.90	28:07	5:44	3	6:34	14	8:23	-	1:34:43	-	4	17:36	13	20:10