



30. stz-Werratal-Triathlon

Naherholungszentrum Immelborn / 26.07.2015

Detailed evaluation

Pikarski, Jessica

Total time: 1:36:19

Club: Team Kyffhäuser

Number: 1058

Course: 27.45 km

Rank in course/Total: 85 (of 88)

Jedermann-Triathlon 0,45-22,0-5,0

Rank in course/Women: 14 (of 15)

Best time in course: 1:14:33

Category:

Rank in category: 6(of 6)

Frauen 30-39 Jahre

Best time in the category: 1:15:22

Intermediate times

Stage score

Total ranking

Control	Split				Pos				Total					
	km	Time	min/km	Cat.	Behind	Pos	Behind	km	Time	min/km	Pos	Behind	Pos	Behind
Schwimmen nett	0.45	12:57	28:46	6	2:25	14	3:55	0.45	12:57	28:46	6	2:25	14	3:55
Wechsel S -> R	0.05	2:00	40:00	5	1:06	11	1:06	0.50	14:57	29:53	6	2:53	13	4:21
Schwimmen Total	0.50	14:57	29:53	6	2:53	13	4:21	0.50	14:57	29:53	6	2:53	13	4:21
Rad netto	22.00	56:39	2:34	6	13:45	14	13:45	22.50	1:11:36	3:10	6	16:38	14	17:51
Wechsel R -> L	0.05	0:49	16:19	2	0:09	7	0:18	22.55	1:12:25	3:12	6	16:47	14	18:06
Rad Total	22.05	57:28	2:36	6	13:54	14	13:54	22.55	1:12:25	3:12	6	16:47	14	18:06
Lauf	4.90	23:54	4:52	4	4:10	7	4:10	27.45	1:36:19	3:30	6	20:57	14	21:46