



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Gremm, Burkhard

Club: LT Pappert
Number: 230

Course: 11.30 km
Langdistanz

Category:
Senioren M55 (55-59 Jahre)

Total time: 55:02

Speed: 12.32 km/h
Running performance: 4:52 min/km

Rank in course/Total: 93 (of 156)

Rank in course/Men: 45 (of 138)

Best time in course: 39:43

Rank in category: 4(of 10)

Best time in the category: 46:12