



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Patzenhauer, Holger

Club: SV Blau Weiß 90 Creuzburg
Number: 185

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 55:08

Speed: 11.97 km/h
Running performance: 4:53 min/km

Rank in course/Total: 95 (of 156)

Rank in course/Men: 46 (of 138)

Best time in course: 39:43

Rank in category: 9(of 20)

Best time in the category: 46:49