



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Bertram, Sascha

Club: Eisenach

Number: 156

Course: 11.30 km

Langdistanz

Category:

Senioren M30 (30-34 Jahre)

Total time: 56:12

Speed: 11.74 km/h

Running performance: 4:58 min/km

Rank in course/Total: 101 (of 156)

Rank in course/Men: 49 (of 138)

Best time in course: 39:43

Rank in category: 6(of 16)

Best time in the category: 39:43