



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Stegmann, Thomas

Club: LT Altensteiner Park
Number: 180

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 56:15

Speed: 12.05 km/h
Running performance: 4:59 min/km

Rank in course/Total: 103 (of 156)

Rank in course/Men: 50 (of 138)

Best time in course: 39:43

Rank in category: 9(of 24)

Best time in the category: 43:25