



Winterlaufserie 2015 / 1.Lauf  
Creuzburg / 25.01.2015

Detailed evaluation

Freitag, Roman

Club: ELV

Number: 114

Course: 5.50 km

Kurzdistanz

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 23:42

Speed: 12.66 km/h

Running performance: 4:19 min/km

Rank in course/Total: 21 (of 110)

Rank in course/Men: 11 (of 80)

Best time in course: 20:42

Rank in category: 2(of 8)

Best time in the category: 22:24