



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Basilus, Stephan

Club: Eisenach
Number: 213

Course: 11.30 km
Langdistanz

Category:
Senioren M30 (30-34 Jahre)

Total time: 58:16

Speed: 11.64 km/h
Running performance: 5:10 min/km

Rank in course/Total: 117 (of 156)

Rank in course/Men: 56 (of 138)

Best time in course: 39:43

Rank in category: 8(of 16)

Best time in the category: 39:43