



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer
Number: 165

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 59:32

Speed: 11.09 km/h
Running performance: 5:16 min/km

Rank in course/Total: 125 (of 156)

Rank in course/Women: 5 (of 18)

Best time in course: 50:35

Rank in category: 2(of 6)

Best time in the category: 56:59