



Winterlaufserie 2015 / 1.Lauf  
Creuzburg / 25.01.2015

Detailed evaluation

Matthes, Jan

Club: Laufftreff Breitung  
Number: 173

Course: 11.30 km  
Langdistanz

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:09:40

Speed: 9.47 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 153 (of 156)

Rank in course/Men: 69 (of 138)

Best time in course: 39:43

Rank in category: 13(of 26)

Best time in the category: 44:26