



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Friedrich, Paul

Club: SVW Eisenach Triathlon
Number: 104

Course: 5.50 km
Kurzdistanz

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 22:24

Speed: 13.39 km/h
Running performance: 4:04 min/km

Rank in course/Total: 7 (of 110)

Rank in course/Men: 4 (of 80)

Best time in course: 20:42

Rank in category: 1(of 8)

Best time in the category: 22:24