



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Ruchti, Susanne

Club: Autohaus Göthling
Number: 109

Course: 5.50 km
Kurzdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 33:58

Speed: 9.72 km/h
Running performance: 6:11 min/km

Rank in course/Total: 95 (of 110)

Rank in course/Women: 12 (of 30)

Best time in course: 25:26

Rank in category: 2(of 4)

Best time in the category: 29:54