



Winterlaufserie 2015 / 1.Lauf  
Creuzburg / 25.01.2015

Detailed evaluation

Helbig, Hans-Peter

Club: Stedtfelder Rennsteigfreunde  
Number: 107

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M70 (70-74 Jahre)

Total time: 34:51

Speed: 8.61 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 99 (of 110)

Rank in course/Men: 38 (of 80)

Best time in course: 20:42

Rank in category: 2(of 8)

Best time in the category: 34:20