



Winterlaufserie 2015 / 1.Lauf  
Creuzburg / 25.01.2015

Detailed evaluation

Malzahn, Kai

Club: Team Erdinger Alkoholfrei  
Number: 188

Course: 11.30 km  
Langdistanz

Category:  
Senioren M35 (35-39 Jahre)

Total time: 43:08

Speed: 15.72 km/h  
Running performance: 3:49 min/km

Rank in course/Total: 11 (of 156)

Rank in course/Men: 6 (of 138)

Best time in course: 39:43

Rank in category: 2(of 26)

Best time in the category: 41:58