



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Steinwachs, Bert

Club: SV Normania Treffurt
Number: 118

Course: 5.50 km
Kurzdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 22:45

Speed: 13.19 km/h
Running performance: 4:08 min/km

Rank in course/Total: 11 (of 110)

Rank in course/Men: 6 (of 80)

Best time in course: 20:42

Rank in category: 2(of 6)

Best time in the category: 22:42