



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Hesse, Uwe

Club: Physio K.Hesse
Number: 194

Course: 11.30 km
Langdistanz

Category:
Senioren M55 (55-59 Jahre)

Total time: 46:12

Speed: 14.68 km/h
Running performance: 4:05 min/km

Rank in course/Total: 27 (of 156)

Rank in course/Men: 14 (of 138)

Best time in course: 39:43

Rank in category: 1(of 10)

Best time in the category: 46:12