



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Siemon, Thomas

Club: Creuzburg
Number: 206

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 46:17

Speed: 14.65 km/h
Running performance: 4:06 min/km

Rank in course/Total: 29 (of 156)

Rank in course/Men: 15 (of 138)

Best time in course: 39:43

Rank in category: 2(of 26)

Best time in the category: 44:26