



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Schmeißer, Christian

Club: LG Großen Lupnitz
Number: 112

Course: 5.50 km
Kurzdistanz

Category:
Senioren M35 (35-39 Jahre)

Total time: 22:53

Speed: 13.11 km/h
Running performance: 4:10 min/km

Rank in course/Total: 13 (of 110)

Rank in course/Men: 7 (of 80)

Best time in course: 20:42

Rank in category: 2(of 8)

Best time in the category: 21:55