



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Staufenbiel, Roman

Club: SV Diedorf 1921 e.V.
Number: 198

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 48:14

Speed: 14.06 km/h
Running performance: 4:16 min/km

Rank in course/Total: 45 (of 156)

Rank in course/Men: 23 (of 138)

Best time in course: 39:43

Rank in category: 6(of 24)

Best time in the category: 43:25