



Winterlaufserie 2015 / 1.Lauf  
Creuzburg / 25.01.2015

Detailed evaluation

Jäger, Heinz-Peter

Club: SV Waldfisch

Number: 184

Course: 11.30 km

Langdistanz

Category:

Senioren M45 (45-49 Jahre)

Total time: 48:59

Speed: 13.47 km/h

Running performance: 4:20 min/km

Rank in course/Total: 51 (of 156)

Rank in course/Men: 26 (of 138)

Best time in course: 39:43

Rank in category: 5(of 20)

Best time in the category: 46:49