



Winterlaufserie 2015 / 1.Lauf  
Creuzburg / 25.01.2015

Detailed evaluation

**Noll, Jonas**

Club: SV Normania Treffurt  
Number: 228

Course: 11.30 km  
Langdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 49:17

Speed: 13.76 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 53 (of 156)

Rank in course/Men: 27 (of 138)

Best time in course: 39:43

Rank in category: 6(of 20)

Best time in the category: 46:49