



Winterlaufserie 2015 / 1.Lauf
Creuzburg / 25.01.2015

Detailed evaluation

Freitag, Annett

Club: Etterwinden
Number: 216

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 54:35

Speed: 12.42 km/h
Running performance: 4:50 min/km

Rank in course/Total: 85 (of 156)

Rank in course/Women: 2 (of 18)

Best time in course: 50:35

Rank in category: 1(of 8)

Best time in the category: 54:35