



Winterlaufserie 2015 / 2.Lauf
Creuzburg / 22.02.2015

Detailed evaluation

Rikirsch, Roland

Club: SV Blau Weiß 90 Creuzburg
Number: 278

Course: 11.30 km
Langdistanz

Category:
Senioren M70 (70-74 Jahre)

Total time: 59:10

Speed: 11.15 km/h
Running performance: 5:14 min/km

Rank in course/Total: 101 (of 144)

Rank in course/Men: 45 (of 116)

Best time in course: 37:53

Rank in category: 1(of 2)

Best time in the category: 59:10