



Winterlaufserie 2015 / 2.Lauf  
Creuzburg / 22.02.2015

Detailed evaluation

Haag, Heike

Club: SV Wartburgstadt Triathlon  
Number: 245

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:00:25

Speed: 11.22 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 115 (of 144)

Rank in course/Women: 9 (of 28)

Best time in course: 50:43

Rank in category: 5(of 10)

Best time in the category: 53:04