



Winterlaufserie 2015 / 2.Lauf
Creuzburg / 22.02.2015

Detailed evaluation

Ellerkamm, Jürgen

Club: GutsMuths-Rennsteiglaufverein
Number: 243

Course: 11.30 km
Langdistanz

Category:
Senioren M75 (75 und älter)

Total time: 1:03:43

Speed: 10.64 km/h
Running performance: 5:38 min/km

Rank in course/Total: 123 (of 144)

Rank in course/Men: 53 (of 116)

Best time in course: 37:53

Rank in category: 1(of 6)

Best time in the category: 1:03:43