



Winterlaufserie 2015 / 2.Lauf  
Creuzburg / 22.02.2015

Detailed evaluation

Matthes, Jan

Club: Laufftreff Breitung  
Number: 253

Course: 11.30 km  
Langdistanz

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:06:00

Speed: 10.00 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 127 (of 144)

Rank in course/Men: 55 (of 116)

Best time in course: 37:53

Rank in category: 8(of 18)

Best time in the category: 47:17